

## POTTY TRAINING GUIDELINES

Hello parents, and welcome to Wonderland Way!

Your child is now 2, this means potty training time! Here are a few goals and guidelines we have in Wonderland Way, please feel free to talk to me about any concerns you may have or email me at <a href="mailto:abela@bcsc.k12.in.us">abela@bcsc.k12.in.us</a>

- We will be working with 2-3 children at a time on potty training
- We will work with the oldest children in the classroom first!
- We will start working with children on potty training at about the 2 ½ age mark and or when show signs or being ready
- We will start working with children on potty training when they show signs of being ready to
  potty train (verbally communicating to us that they need to potty, can pull pants and underwear
  up and down independently, can open the restroom door independently, lets us know if they
  have wet or dirtied a diaper)
- WE ARE A NO PULL UP FACILITY pullups can be confusing and counterproductive in the classroom. We also suggest not wearing the thick training underwear. This can feel and have the same effect as pullups.
- · Please discuss with teachers before sending child to school in underwear
- When children are ready to potty train and can successfully wear underwear throughout the day with minimum to no accidents then children can wear underwear full time. When potty training remember that they need to be able to stay dry even at nap time. If they are in underwear they will need to stay in underwear during nap time as well.
- Children potty training will need 4 sets of extra clothes including socks and shoes. If they can keep the same outfit on throughout the whole day for about a week straight we can get by with just a couple outfits

We want potty training to be positive and productive in the classroom. We are here to help your child learn this life skill and help them maintain it!

There will be activities along with toys that will help promote and encourage positive potty training!